

Arizbey Reyes-Soriano

Brooklyn, New York 11223

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Education

New York Institute of Technology – Master’s Degree in Mental Health Counseling (In Progress)

Expected Graduation: August 2026

CUNY John Jay College of Criminal Justice – Bachelor’s Degree in Forensic Psychology

May 2024

CUNY Borough of Manhattan Community College – Associate Degree in Psychology

May 2022

Honors

Credentialed Alcoholism and Substance Abuse Counselor (CASAC) – January 2024

Professional Experience

Credentialed Alcoholism and Substance Abuse Counselor (CASAC)

SEEK Counseling | Brooklyn, NY | 2024 – Present

- Provides individual and group counseling to individuals with substance use and co-occurring mental health disorders
- Conducts biopsychosocial assessments to identify client needs and determine appropriate level of care
- Develops and implements person-centered treatment plans aligned with client goals
- Facilitates psychoeducational and relapse prevention groups focused on recovery, coping skills, and emotional regulation
- Collaborates with multidisciplinary teams, including medical and mental health providers, to ensure coordinated care
- Maintains accurate and timely clinical documentation in compliance with regulatory standards

Skills

- Bilingual: English / Spanish
- Clinical Documentation
- Group Facilitation
- Crisis Support
- Client Engagement
- Care Coordination
- Cultural Competency
- References
- Furnished upon request

